

NPC MEL CHANCEY HOLIDAY CLASSIC CONTEST INFORMATION

EVENT DATE: Saturday, December 10, 2022

Contest Venue: Centro Asturiano de Tampa 1913 N Nebraska Ave Tampa, FL 33602 NPC Membership: All contestants must be a member of the NPC National Physique Committee. Competitors may register for an NPC card at www.npcregistration.com or you may register on Friday at the athlete Check-In /Weigh-In.

Friday, December 9: MANDATORY WEIGH-IN/CHECK-IN for ALL Competitors! No Weigh-Ins / Check-Ins on Saturday, December 10th

5:00 pm to 7:00 pm: Hilton Downtown Tampa (HOST HOTEL) 211 N Tampa St Tampa, FL 33602 Esplanade 1

Bodybuilders **MUST** wear posing suits to the weigh-ins. Bikini Athletes must wear bikini bottoms to check ins.

Saturday, December 10: PREJUDGING – ALL DIVISIONS

8:00 am Athlete Meeting

9:00 am: Prejudging begins.

Saturday, December 10: FINALS – ALL DIVISIONS

4:00 pm: Finals begin.

COMPETITION DIVISIONS:

(All Divisions are subject to adding classes based upon entries received)

Men's Bodybuilding: 5 Classes, 5 Places and 1 Overall. OPEN CLASS- NATIONAL QUALIFYING – (Up to 154 1/4, Over 154 1/4 to 176 1/4, Over 176 1/4 to 198 1/4, Over 198 1/4 to 225 1/4, Over 225 1/4).

Novice Men's Bodybuilding: 1 Class, 5 Places – (Open to any athlete that has not placed top 10 in a national level contest)

Teen Men's Bodybuilding: 1 Class, 5 Places- (18 yrs old to 19 yrs old)

Masters Men's Bodybuilding: 1 Class, 5 Places – (40 years & over)

Masters Men's Bodybuilding: 1 Class, 5 Places - (50 years & over)

Masters Men's Bodybuilding: 1 Class, 5 Places - (60 years & over)

Figure: 6 Classes, 5 Places and 1 Overall. OPEN CLASS- NATIONAL QUALIFYING – (See NPC news online figure rules for 6 class height breakdown)

Masters Figure: 1 Class, 5 Places – (35 years and over)

Masters Figure: 1 Class, 5 Places – (45 years and over)

Novice Figure: 1 Class, 5 places- (Open to any athlete that has not placed top 10 in a national level contest)

True Novice Figure: 1 Class, 5 places- (1st Time Competitor in an NPC Event)

Bikini: 8 Classes, 5 Places and 1 Overall. OPEN CLASS- NATIONAL QUALIFYING - (See NPC news online bikini rules for 8 class height breakdown)

Masters Bikini: 2 Classes, 5 Places – (35 years and over).

Masters Bikini: 1 Class, 5 Places – (45 years and over).

Masters Bikini: 1 Class, 5 Places (55 years and over)

Masters Bikini: 1 Class, 5 Places (60 years and over)

Novice Bikini: 3 Classes, 5 places and 1 Overall- (Open to any athlete that has not placed top 10 in a national level contest)

Teen Bikini: 1 Class, 5 Places- (18 yrs old to 19 yrs old)

True Novice Bikini: 2 Classes, 5 places and 1 Overall- (1st Time Competitor in an NPC Event)

Men's Physique: 6 Classes, 5 Places and 1 Overall. OPEN CLASS- NATIONAL QUALIFYING – (See NPC news online MPD rules for 6 class height breakdown)

Masters Men's Physique: 1 Class, 5 Places - (35 years and over).

Masters Men's Physique: 1 Class, 5 Places - (45 years and over).

Novice Men's Physique: 2 Classes, 5 places and 1 Overall- (Open to any athlete that has not placed top 10 in a national level contest)

True Novice Men's Physique: 1 Class, 5 places- (1st Time Competitor in an NPC Event)

Teen Men's Physique: 1 Class, 5 Places- (18 yrs old to 19 yrs old)

Women's Physique: 2 Classes, 5 Places and 1 Overall. OPEN CLASS- NATIONAL QUALIFYING – Heights will be set to balance the classes at check-in.

Masters Women's Physique: 1 Class, 5 places- (35 years and over)

Men's Classic Physique: 4 Classes, 5 Places and 1 Overall. OPEN CLASS- NATIONAL QUALIFYING (MUST MEET WEIGHT REQUIREMENTS SET FOR EACH HEIGHT GROUP PER NPC GUIDELINES)

Masters Classic Physique: 1 Class, 5 places- (35 years and over- MUST MEET WEIGHT REQUIREMENTS SET FOR EACH HEIGHT GROUP PER NPC GUIDELINES)

Novice Classic Physique: 1 Classes, 5 places- (Open to any athlete that has not placed top 10 in a national level contest- MUST MEET HEIGHT/WEIGHT REQ.)

Wellness: 4 Classes, 5 Places and 1 Overall. OPEN CLASS- NATIONAL QUALIFYING- (See NPC News Online for Wellness 4 Class Height Breakdown)

True Novice Wellness: 1 Class, 5 places- (1st Time Competitor in an NPC Event)

Masters Wellness: 1 Class, 5 places- (35 years and over)

Bodybuilding, Women's Physique, and Classic Physique Individual Routines

All Bodybuilding and Physique competitors will perform their routines at the Finals.

NATIONAL QUALIFIER: THIS CONTEST IS AN NPC NATIONAL QUALIFIER- OPEN NATIONWIDE TO NPC ATHLETES.

Please refer to the NPC website for rules regarding national contest qualifications. <http://npcnewsonline.com/rules>

Music: thumbdrives, email only.

ALL music for Bodybuilders, Classic Physique, and Women's Physique will be collected at the Check-in/Weigh-in or emailed (direct link on show website) prior to the event. Contestants must supply their own music— no more than 60 seconds. Posing music MUST BE THE ONLY music on the file. No Vulgar music is permitted.

Tickets (Absolutely NO Refunds): Prejudging:\$25.00 (general admission seating) **Finals: \$45.00** (General Admission seating) **VIP PreJudging \$35.00** **VIP Finals \$60.00** **PRE-SALE** Tickets available through the www.npcharborclassic.com website.

Trainer's Pass: \$100.00 (Purchase at Check-in/Weigh-in - cash only)

Trainer must also buy admission Ticket for prejudging and evening show. Pass holder must also be a current member of the NPC

Host Hotel:

Hilton Downtown Tampa 211 North Tampa St Tampa, FL 33602 visit www.npcholidayclassic.com for negotiated room rate link

Spray Tanning, Makeup, and Hairstyling Services are provided by:

Hot Spot Competition Tanning www.hotspotcompetitiontanning.com

